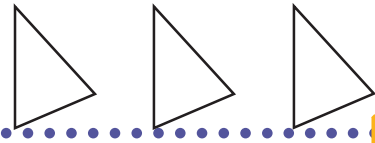




# Sailing Adventure Camp



## City of Council Bluffs & Lake Manawa Sailing School



- WHAT:** Learn to Sail  
**WHO:** Boys & Girls • Ages 12-15  
**WHEN:** June 11-15  
 1:00-4:00 pm  
 Registration Deadline June 1st  
**WHERE:** Lake Manawa Sailing Club  
 812 Comanche Street  
 Council Bluffs, IA  
**COST:** \$60.<sup>00</sup> plus \$10.<sup>00</sup> for materials

This is a group sailing course on Sunfish sailboats that are provided by the Sailing School. Bring your own life jacket if you have one, a towel and a pair of shoes you can wear in the water. Sunscreen, sunglasses and a hat are recommended. You must be able to pass a swim test to participate.



### Basic Small Boat Sailing

You will learn the parts of the boat and terminology (sailors speak a different language), tying basic knots, setting up your boat, finding the wind, righting your boat after tipping over, how to make your boat move up-wind and down-wind, tacking and jibing (turning to change direction), how to come into shore, and how to properly put your boat away. Finish up by competing in a mini regatta of races to test the skills you learned during the week.



**Sign up with Council Bluffs Parks & Recreation Department**